

**Meal Prices**

Student Paid \$2.95/\$3.25  
 Student Reduced \$.40  
 Adult Lunch \$4.50

**TESD Middle School Lunch Menu**



Register at [www.paypams.com](http://www.paypams.com) for FREE! View your child's account balance, account statement & receive low balance email notifications! Deposits made on-line will incur a \$1.95 fee. All other services are free.

|               | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY                                  |
|---------------|--|--|--|--|---|
|               | 28   | 29   | 30   | 1  | 2                                       |
| <b>Entrée</b> | <b>NO SCHOOL</b>                                     | Toasted Cheese Sandwich with Tomato Soup                       | 1/4# Hot Dog with Chili on a Bun                         | Chicken Parmesan                                       | Buffalo Chicken Pizza                   |
| <b>Sides</b>  |  | Green Beans, Fresh Red Grapes                                  | Baked Beans Peas Diced Pears                             | Steamed Carrots Sliced Cucumber w/dip, Chilled Peaches | Green Beans, Tossed Salad, Applesauce   |
|               | 5  | 6  | 7  | 8  | 9                                       |
| <b>Entrée</b> | Popcorn Chicken w/ Dipping Sauce                     | Penne Pasta w/Meat Sauce                                       | Cheese Breadsticks w/ Marinara Sauce                     | Soft Taco w/ Cheese, Tomato, Lettuce, Salsa            | Individual Round Pizza                  |
| <b>Sides</b>  | Mashed Potatoes, Broccoli w/dip, Orange Smiles       | WW Roll, Tossed Salad, Baby Carrots w/dip, Chilled Mixed Fruit | Steamed Broccoli Sliced Cucumber w/dip, Peaches in Juice | Corn, Carrot Sticks, Fresh Red Grapes                  | Green Beans, Apple Slices               |
|               | 12   | 13   | 14   | 15   | 16                                      |
| <b>Entrée</b> | Cheesesteak Sandwich on a Sub Roll                   | Meatball Sandwich on a Roll w/ Mozzarella Cheese               | Chicken Nuggets w/ WW Roll                               | Nachos w/Seasoned Beef, Cheddar Cheese, Salsa          | Stuffed Crust Pizza                     |
| <b>Sides</b>  | Green Beans, Sliced Cucumber w/dip, Peaches in Juice | Potato Puffs, Broccoli w/dip, Applesauce                       | Potato Puffs, Broccoli w/dip, Orange Smiles              | Diced Tomatoes, Corn, Chilled Pears                    | Peas, Pineapple Chunks                  |
|               | 19   | 20   | 21   | 22   | 23                                      |
| <b>Entrée</b> | WW French Toast w/ Sausage Patty                     | Baked Chicken Tenders w/ Dipping Sauce & Dinner Roll           | Spaghetti & Meatballs                                    | Italian or Turkey & Cheese Hoagie w/Lettuce, Tomato    | Chicken & Cheese Quesadilla w Salsa Dip |
| <b>Sides</b>  | Potato Puffs, Orange Juice                           | Seasoned Corn Sliced Pears                                     | Garden Salad, Orange Smiles                              | Potato Salad, Fresh Apple                              | Steamed Corn Fresh Red Grapes           |

**Alternate Entrees**

|                   | MONDAY  | TUESDAY                                       | WEDNESDAY   | THURSDAY  | FRIDAY  |
|-------------------|---|---|---|---|---|
| <b>The Grill</b>  | Chicken Patty on a Bun<br>BBQ Grilled Chicken on a Kaiser Roll<br>Cheeseburger on a Bun | Chicken Patty on Bun<br>Cheeseburger on a Bun | Chicken Patty on Bun<br>BBQ Rib /Kaiser Roll<br>Cheeseburger on a Bun | Chicken Patty on Bun<br>Bacon Cheese Burger on a Bun<br>Cheeseburger on a Bun | Chicken Patty on Bun<br>Cheeseburger on a Bun |
| <b>Salad</b>      | Salad Bar or Platter  | Salad Bar or Platter                          | Salad Bar or Platter  | Salad Bar or Platter  | Salad Bar or Platter                          |
| <b>Deli/ Wrap</b> | Turkey BLT Wrap   | Buffalo Chicken Wrap                          | Ham & Cheese  | Spicy Chicken Wrap w/Cheese   | Tuna Salad                                    |
| <b>Pizza</b>      | Mickey's Pizza  | Mickey's Pizza                                | Mickey's Pizza  | Mickey's Pizza  | Mickey's Pizza                                |

Milk is Available with all meals: Non-fat Chocolate, 1% White and Skim  
 ■ 4oz Apple and Grape Juice is available with each meal